“*Success is not final, failure is not fatal: it is the courage to continue that counts.*” – Winston Churchill

**I.** What do you believe is the big idea/are the big ideas in the video you just watched?

**II.** How to Overcome Failure -

It’s important to remember that failure happens to everyone, no one is exempt from having things not go their way sometimes. But the only thing we can control is ourselves. Here are some steps on how to overcome failure. Take the words below and put them into the correct sentence.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| value | action | learn | accept | inspiration | setback | forward |

a) Make sure to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ how you feel.

b) You’re not a failure just because you had a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

c) Be constructive and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ from the situation.

d) Remind yourself: anyone who wants to do things of \_\_\_\_\_\_\_\_\_\_\_\_\_\_ in life will fail.

e) Find \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and support in your world.

f) Move \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ again, don’t get stuck in mulling this situation over for too long.

g) Take \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on a plan right away after you’ve drawn it up.

Which one of the above sentences speaks to you the most, and why?

**III**. **Two Stories**

|  |  |
| --- | --- |
| 1a) Everyone occasionally experiences failures. Think about a time you feel you failed at something. For example, you might write about a time you lost in a competition or didn’t attain a goal that was important to you. | 2) Think about a time you succeeded at something important to you. This success can be from any area of your life: school, extracurricular activities, hobbies, or personal relationships, for example. |
| a. How did the failure happen? Include as many details as you can. | a. How did the success happen? Include as many details as you can. |
| b. Describe at least one way in which this failure changed you for the better. | b. What steps did you take to make this success a reality? |